

AGE-SPECIFIC ADL/IADL ANSWER CHOICES FOR CHILDREN'S LONG TERM SUPPORTS PROGRAMS

Age: 18 Years and up

ADL

Bathing

18 years and up

- ☐ Needs adaptive equipment.
- ☐ Is combative during bathing (e.g., flails, takes 2 caregivers to accomplish task).
- ☐ Needs complete physical assistance.
- ☐ Needs help getting in and out of bathtub or shower.
- ☐ Needs step-by-step cueing to complete the task.
- ☐ Lacks an understanding of risk and must be supervised for safety.
- ☐ None of the above apply.

Grooming (brushing teeth, washing hands and face)

18 years and up

- ☐ Is combative during grooming (e.g., flails, clamps mouth shut, takes two caregivers to accomplish task).
- ☐ Needs physical help with grooming tasks.
- ☐ Needs step-by-step cueing during grooming tasks.
- ☐ None of the above apply.

Dressing

18 years and up

- ☐ Needs physical assistance with getting clothing on. This does not include fasteners such as buttons, zippers, and snaps.
- ☐ None of the above apply.

Eating

18 years and up

- ☐ Receives tube feedings or TPN.
- ☐ Needs to be fed.
- ☐ Needs one-on-one monitoring to prevent choking, aspiration, or other serious complications.
- ☐ None of the above apply.

Toileting

18 years and up

- ☐ Incontinent of bowel and/or bladder.
- ☐ Needs physical help, step-by-step cues, or toileting schedule.
- ☐ None of the above apply.

Mobility

18 years and up

- ☐ Does not walk or needs physical help to walk.
- ☐ Uses a wheelchair or other mobility device not including a single cane.
- ☐ None of the above apply.

Transfers (does not include bathtub or shower)

18 years and up

- ☐ Needs physical help with transfers.
- ☐ Uses a mechanical lift.
- ☐ None of the above apply.

IADL

Communication

18 years and up

- ☐ Assessment or evaluation within the last three (3) years indicates greater than 35% delay or 2 Standard Deviations (SD) below the mean on a norm referenced tool in receptive and expressive language.

Assessment Date: _____ (mm/yyyy)

Assessment Tool: _____
See list of "Norm-Referenced Assessment Tools for Communication and Learning"

Other: _____

- ☐ Uses adaptive equipment to communicate.
- ☐ Is not understood by strangers.
- ☐ Does not engage in reciprocal conversation.
- ☐ Does not follow a series of 3 unrelated instructions.
- ☐ Is three or more grade levels behind in reading or writing.
- ☐ None of the above apply.

Learning

18 years and up

- ☐ Assessment or evaluation within the last three (3) years indicates greater than 35% delay or 2 Standard Deviations (SD) below the mean on norm referenced tool in cognitive development.

Assessment Date: _____ (mm/yyyy)

Assessment Tool: _____
See list of "Norm-Referenced Assessment Tools for Communication and Learning"

Other: _____

- ☐ Has full scale IQ score of 75 or less.
- ☐ Is three or more grade levels behind in two academic subjects other than reading or writing.
- ☐ None of the above apply.

Meal Preparation

18 years and up

- ☐ Needs help making simple meals for self.
- ☐ None of the above apply.

Money Management

18 years and up

- ☐ Needs help with managing money.
- ☐ None of the above apply.